

The Birankai Northwest Regional Instructors Seminar will be held February 19-21, 2010 at Multnomah Aikikai in Portland Oregon. We are pleased to announce that Sensei Dennis Belt, 6th dan shido-in, Chief Instructor of Ventura Aikikai, will be our special guest instructor. We have a full schedule of aikido classes, iaido classes and special events planned. Classes will be taught by Northwest instructors as well as Belt Sensei. Our final class on Sunday will take a creative format and be led by Senseis Bluhm, Fleshler and Belt.

Please encourage your students to attend this seminar. General classes are scheduled on each day. Iaido classes are open to Iaido students of all levels. Observation training of the instructors classes is encouraged.

Tentative schedule:

Friday: 6pm - 8:15pm, aikido, general

Saturday: 9 -10am, iaido (all levels)  
10:30am -12:45pm, aikido, general  
2:30 - 4:45pm aikido, instructors  
5pm dan tests  
7:30pm party  
8:30pm Chief Instructors meeting at party

Sunday: 8-9am, iaido (all levels)  
9:15-10:15am, aikido, general  
10:30-12:30, aikido, instructors

#### **Registration:**

Please pre-register for this seminar. Registration/ Waiver Form is enclosed. Make copies as needed, and have each participant fill out the form completely. Please note the instructors classes are open to Birankai certified instructors by pre-registration only. Downloadable registration form and general info are available at <http://www.multnomahaikikai.com>. Please make checks payable to *Multnomah Aikikai* and send to 6415 SW Macadam Ave., Portland, OR 97239, by **February 12**.

**Note to our Canadian friends:** Please pre-register by sending forms for each attendee and housing needs by February 12; however your payment is not required until arrival.

#### **Housing:**

Available housing is very limited; however we will do our best to assist out of town guests. To request housing, contact Ben Frech at [benfrech@gmail.com](mailto:benfrech@gmail.com) ASAP! Please include your name, home dojo, nights requested, whether you will have a car, best phone number and email address. Be aware that we cannot guarantee housing, however early notification will help us to help you. Local hotel information is available on our website.

#### **Contacts:**

For best response, please direct questions to the appropriate person:

Registration: Sidney Schwartz, [dojo@multnomahaikikai.com](mailto:dojo@multnomahaikikai.com), 503-277-9676

Housing and transportation logistics: Ben Frech, [benfrech@gmail.com](mailto:benfrech@gmail.com), 503-343-0122

Chief Instructors meeting, instructors classes, tests: Suzane, [birankainorthwest@gmail.com](mailto:birankainorthwest@gmail.com), 503-805-1910

All other questions: Sean Sheedy, [dojo@multnomahaikikai.com](mailto:dojo@multnomahaikikai.com), 503-597-8025

Thank you for your support of this seminar. Please bring bokken, jyo, tanto, fukurushinai, and iaito. We appreciate your participation and look forward to training with you!

Sincerely,

Aki Fleshler, Chief Instructor

Sean Sheedy, Seminar Director